***Handling the Day of Trouble or Calamity***

**Father, I come to You in the Name of Jesus, acknowledging You as my refuge and High Tower. You are a refuge and a stronghold in these times of trouble (high cost, destitution, and desperation).**

**In the day of trouble, You will hide me in Your Shelter; in the secret place of Your tent will You hide; You will set me high upon a rock. And now shall my head be lifted up above my enemies round about me; in Your tent I will offer sacrifices and shouting of joy; I will sing, yes, I will sing praises to You, Oh Lord, when I cry aloud; have mercy and be gracious to me and answer me speedily.**

**On the Authority of Your Word, I declare that I have been made the righteousness of God in Christ Jesus. When I cray for help, You, Lord, hear me and deliver me out of all my distress and troubles. You are close to me, for I am of a broken heart, and You save such who are crushed with sorrow for sin and humbly and thoroughly penitent. Lord, many are the evils that confront me, but You deliver me out of them all.**

**Thank You for being merciful and gracious to me, O God, for my soul takes refuge and finds shelter and confidence in You, yes, in the shadow of Your Wings I take refuge and am confident until calamities and destructive storms are past. You perform on my behalf and reward me. You bring to pass Your purposes for me and surely You complete them!**

**Father You are my Refuge and Strength (mighty and impenetrable to temptation), a very present and well-proved help in trouble.**

**Lord You have given and bequeathed to me Your peace. By Your Grace, I will not let my heart be troubled, neither will I let it be afraid. With the help of the Holy Spirit, I will stop allowing myself to be agitated and disturbed; and I refuse to permit myself to be fearful and intimidated and cowardly and unsettled.**

**By faith, I respond to these troubles and calamities: I am full of joy now! I exult and triumph in my trouble and rejoice in my sufferings, knowing that pressure ad affliction and hardship produce patient and unswerving endurance. And endurance fortitude develops maturity of character (approved faith and tried integrity). And character (of this sort) produces the joyful and confident hope of eternal salvation. Such hope never disappoints or deludes or shames me, for Your love has been poured out in my heart through the Holy Spirit Who has been given to me.**

**In Jesus Name I pray…Amen**